



## HARLINGTON VILLAGE PRE-SCHOOL & WRAP AROUND CARE

### Lunch Club Policy

Our aim is to promote healthy eating and enhance children's independence and social skills; by encouraging them to sit at a table, chat and have fun with their friends and staff whilst eating their lunch. A member of Staff always oversee the children whilst they are sitting at the table and help them to develop a good table manner and an understanding of healthy eating. We will encourage parents/carers to provide nutritious food, which will meet the children's individual dietary requirements. This will be in line with the Early Years Foundation Stage welfare requirements. Lunch Club is a good preparation for older children who will be starting Lower School.

- Before a child starts to attend the Pre-school, we find out from parents/carers their children's dietary needs and preferences, including any allergies. We record information about each child's dietary needs in her/his registration record and parents/carers sign the record to signify that it is correct.
- We display current information about individual children's dietary needs so that all staff and volunteers are fully informed about them.
- We encourage parents/carers to provide nutritious food in their child's lunch box, avoiding large quantities of saturated fat, sugar and salt and artificial additives, preservatives and colourings.
- In line with Harlington Lower School we do not allow chocolate spread sandwiches/carbohydrate-based meals due to nut allergies and promoting healthy eating.
- One 'treat/snack' is acceptable for example, biscuit based chocolate, crisps etc. Children are encouraged to eat their sandwiches and healthy options first and their treat last. If a child has more than one item that is considered a 'treat', staff will allow the child to choose one item and send the other/s home.
- If there is a child with an allergy, we will request Parents to not send their child with food containing that allergen in.
- We are especially vigilant where we have a child who has a known allergy. Precautions will be taken during snack time and lunch club i.e. separate cups and plates, seated in the best area.
- In order to protect children with food allergies, we do not let children share and swap their food with one another.
- No food will be refrigerated as we don't have the facilities to do so but will be placed in a designated area until lunch time.
- At the start of lunch club all children must wash their hands before eating their packed lunches.
- Lunch Club can accept up to 16 children per session.
- Lunch club can only be booked for a half term at a time – we will not accept ad-hoc casual bookings (due to administration).
- Lunch club invoices are distributed at the start of half term

This policy was adopted at a meeting of

Held on

Harlington Village Pre-School & Wrap Around Care  
Committee

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20/11/18

Date to be reviewed

November 2019

Signed on behalf of HVPS/WAC

Name of signatory

Nina Biscoe

Role of signatory

Chairperson